

THE SOCCER STUDIO PLAYER PROGRESS REPORT 2018



PLAYER NAME: TRISHUL

SURNAME: SINGH

DATE OF BIRTH: 19 May 2013

AGE: 5 YEARS

DIVISION: UNDER 5

COACH: JAMEEL ANSARY

CURRENT CLUB: HSFA

LINK TO PLAYER PROFILE: <https://www.holaskokofootball.com/under-6>

All players are assessed on the fundamental factors of performance in football namely technical, tactical, physical and psychological.

KEY FOR ASSESSMENT

1 – Weak

2 – Below
Average

3 - Average

4 – Above
average

5 - Exceptional

TECHNICAL FACTORS

A **technical** player is a player has excellent ability on the ball, a good-looking player in possession, with the ability to buy themselves time and space due to their skill manipulating a **football**, working it in tight areas and improvising with their strong technique to solve problems in the game as they arise.

PASSING

1	2	3	4	5
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CONTROL

1	2	3	4	5
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DRIBBLING

1	2	3	4	5
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SHOOTING

1	2	3	4	5
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HEADING

1	2	3	4	5
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GOALKEEPER (IF APPLICABLE)

1	2	3	4	5
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TACTICAL FACTORS

A **tactic** is a plan that is made before you start playing in a game which considers your own or your opponents' strengths and weaknesses. An attacking **tactic** is a game plan made up before or during a game to break down opposition defence or to score. Tactics are usually made up of individual tactics, group tactics and team tactics.

- Individual Tactics – tactics of players individually , running into space , getting back to do defensive work , moving into intelligent areas to receive the ball, creating space to score etc
- Group tactics – groups of players such as defensive unit working together, defence and cover defence, midfield unit, attacking and defensive midfielders working together
- Team tactics – is the player as beneficial and efficient to the team as he can be

INDIVIDUAL TACTICS



GROUP TACTICS



TEAM TACTICS



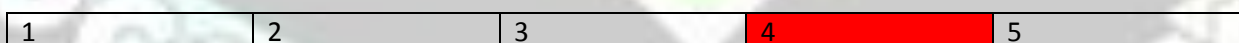
PHYSICAL FACTORS

The **physical** component is broken down into strength, fitness, agility, balance and co-ordination which is extremely important for any good footballer.

STRENGTH ON THE BALL



FITNESS



AGILITY

1	2	3	4	5
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BALANCE

1	2	3	4	5
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CO-ORDINATION

1	2	3	4	5
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DYNAMIC EXERCISES

1	2	3	4	5
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PSYCHOLOGICAL FACTORS

The **psychological** component is one of the most important but forgotten factors in succeeding in football. The ability to listen to coaches and execute training drills is of utmost importance in game situations. Discipline, dedication, determination, confidence and punctuality make up the scoring for this fundamental factor of performance.

DISCIPLINE

1	2	3	4	5
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DEDICATION

1	2	3	4	5
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DETERMINATION

1	2	3	4	5
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CONFIDENCE

1	2	3	4	5
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PUNCTUALITY

1	2	3	4	5
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SUMMARY OF PLAYERS STRENGTHS AND WEAKNESSES

STRENGTHS	WEAKNESSES
Technical <ul style="list-style-type: none">• Good Right Foot• Good Passing	Technical <ul style="list-style-type: none">• Left Foot• Can improve control• Can improve dribbling• Heading• Shooting
Tactical <ul style="list-style-type: none">• Good individual tactics• Creates space well	Tactical <ul style="list-style-type: none">• Understanding of positions• Defensive work
Physical <ul style="list-style-type: none">• Strong on the ball for his age• Good fitness	Physical <ul style="list-style-type: none">• Can be more balance, co-ordination• Can improve dynamic exercises
Psychological <ul style="list-style-type: none">• Good discipline• Good dedication to football• Good determination	Psychological <ul style="list-style-type: none">• Better concentration in training• Can be more confident on the ball

OVERALL SCORE

The players score is a total out of 100 marks with 50 marks being a pass mark. All players should have a good look at their weaknesses but also continue working on their strengths.

Total Score out of 100 - **62**